

Conversations with Bob

A Timeless, Entertaining Dialogue
for Living an Extraordinary Life

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Abracadabra!

"If you realized how powerful your thoughts are you would never think a negative thought."

– PEACE PILGRIM

Bob moves to a corner cabinet and pours a glass of water for himself and one for Bernie.

“If you expect to prevail during tough times,” he says, “you must understand that it is your current perception of the situation that either gives you hope or makes you want to give up to a lost cause. If you’re always thinking about how you can’t get a fair shake, you will always feel miserable. Ever heard the saying ‘*Misery loves company*’? Being miserable doesn’t exactly attract good things, does it? If you want to change your life for the better, start by consciously changing what you think and what you say.”

“What do you expect, though? I’m only human. I mean, you created me. You should know that I have limitations, and how you created me affects the way I operate.”

Bob sips his water. “Therein lies the problem and the challenge not only for you, but for humanity.”

“What do you mean?”

“You are not *only human*. The way you say ‘*only human*’ is very limiting. You are my most precious creation. You have no idea of the potential that lies dormant within you. You can create great things. Remember that you are a part of me, and that I am a part of you. You have magical qualities within you.”

“Magical qualities? You talk as if I’m some kind of wizard. In case you haven’t noticed, I’m Bernie Merrit, not Harry Potter.”

“In a way, you are a wizard, and within you lie an abundance of transformational tools that can be used at your command. The most important of which is your magic wand, of sorts.”

“My wand? I have a magic wand?”

“In a manner of speaking, your mind is your wand, and the magical power you control with it are your thoughts. *Abracadabra!*”

Bernie puffs air out through his mouth, making an exasperated sound. “My thoughts? I know from what you said that they’re powerful...but magical?”

“Yes. In fact, your thoughts can create miracles. That is, if you use your *wand* properly. If your thoughts are primarily focused on lack and what’s not working, then you will create chaos and unwanted things. If your thoughts are primarily focused on love, joy and faith, then you can create miraculous happenings.”

“Okay, now wait a minute. We talked about miracles earlier. I know *you* can create miracles, but aren’t you getting just a little carried away? There’s no way I can create a miracle.”

“Of course, you can. In fact, your main purpose on Earth is to create miracles. Well...actually, we create them together. Remember, a miracle can be nothing more than a shift in perception. Miracles start with a single thought...an idea.”

Bernie picks up his water glass and stares into it. “Okay, you’ve lost me here.”

“Bernie, what do Thomas Edison, Alexander Graham Bell and the Wright Brothers have in common?”

“They’re all dead?”

Bob cocks an eyebrow. “Really, Bernie?”

“Okay, all three were inventors...who are deader than I am. Just sayin’.”

Bob affects the voice of a game show host. “You are absolutely correct! Bernie, you are the Grand Prize Winner! Tell him what he’s won, Johnny!”

"Sometimes you scare me, you know."

"Remember what I said about enjoying the moment? That doesn't just apply to those who think they are only human. Lighten up, Bernie!"

Suddenly, Bob throws his water glass into the air. With a small 'pop,' the glass and its contents transform into confetti, some of which drifts down into Bernie's own glass.

"Have fun in life!" Bob says.

"Okay. What does this have to do with the four dead guys?"

"Right...Well, there was a moment in time where the light bulb, the telephone and a flying machine were just seed possibilities...ideas in the minds of the inventors. And by the way, Bernie, such ideas are seed possibilities or sparks that ignite the manifestation process of miracles-to-be."

As Bob continues to speak, the chalk works overtime to sketch three thought bubbles with images of the inventions within them.

"But the more *intention* they gave to those thoughts and ideas, the more similar thoughts came into play. The more similar thoughts that came into play, the stronger was their vibration to the Law of Attraction and my energy field...and so on and so on. Eventually, those small, insignificant thoughts multiplied and evolved into powerful beliefs. Those beliefs ignited an emotional surge of confidence and positivity. Those powerful emotions eventually led to an unstoppable attitude to succeed. This entire process led to taking action, which played out into their experience, and the Universal Law delivered wonderful circumstances and conditions to work in their favor, and their desires began to manifest. Were they confronted with challenges and obstacles along the way? Absolutely! But they kept forging ahead."

the emotions they elicit are pure energy that can take you to the highest of highs or the lowest of lows.”

“If thoughts are so powerful, and we have so many of them,” Bernie says, “why isn’t it easier? Thoughts are a dime a dozen. I have friends who have plenty of thoughts, and they’re not shy in sharing them on a constant basis. I wouldn’t pay a dime for a hundred of them. How can I make my thoughts work for me?”

Your Beliefs Write the Story of Your Life

“Okay...this is important, Bernie. Your thoughts create your beliefs. The beliefs you have about anything and everything in your life – your job, religion, sex, politics, money, love, how you perceive yourself and all that you desire, what you have and don’t have – are formulated over a period of time through a consistent way of thinking. It’s like I just explained with our inventor buddies. The more attention and intention they gave to their thoughts, the more like-thoughts came into play, and eventually those thoughts evolved into a powerful, unshakable belief. You know the rest.”

“Miracles,” Bernie says, as if stating the obvious.

“That’s right. But beware, Bernie. Your beliefs can also be destructive. This happens when you allow yourself to bring your toxic past experiences or your fear-based thoughts of the future into the present moment.”

“Okay, hold on. I’m trying to figure out the difference between thoughts and beliefs.”

“This should help. A miracle can only take place in the present moment. It can’t take place in the past, and it can’t take place in the future.” Bob pauses and extends an upward-facing palm to make